

Real Love Rocks!

Real Love Rocks is a healthy Relationships and Child Sexual Exploitation (CSE) programme that is part of Barnardo's, a UK based charity working to protect, support and nurture the UK's most vulnerable children. Our Year 6 team will be trained to deliver the Real Love Rocks programme on behalf of Barnardos. All Year 6 children will receive this training in the Summer Term.

The primary school resource pack (for children in Year 6, i.e. age 10-11 years) is an interactive tool to help to talk to children in an age appropriate way about relationships and keeping safe. The materials have been revamped for 2021 and now include an SEN pack which we feel will be appropriate to support our pupils with SEND.

Real Love Rocks



We are extremely excited to share with you that the Safer Futures CSE team has been working hard updating and refreshing both the Primary and Secondary Real Love Rocks Healthy Relationships and Exploitation Education Resources: with new trauma informed content covering Child Criminal Exploitation (CCE), Radicalisation and the world online, in addition to an update of existing content, making it more relevant to our children and young people of today.

We know that you were keen to see us produce a SEN resource - we listened closely to your feedback and are pleased to announce this is now in development too!



We have selected these materials because they have been written sensitively and have received great feedback from pupils, staff, parents and professionals across the UK. It also has information and resources for children, young people, adults, parents and professionals which fit beautifully with Themes 1 & 2 of the Positive Behaviour process: 'We all have the right to feel safe all the time' & 'We can talk with someone about anything, even if it feels awful or small'.

<https://www.barnardosrealloverocks.org.uk/>

The resource uses lots of games, crafts, activities and animations to help children think be aware of CSE risks now, and in the future. It follows four key themes:

1. Relationships - what they are and what makes a happy, safe and fair relationship
2. Grooming - what it is and how to get help if a child feels uncomfortable
3. Keeping Safe - how to stay safe, especially as they begin to get an increased independence and go to secondary school
4. Being Online - How to keep safe when online, on phones, computers, tablets and when gaming

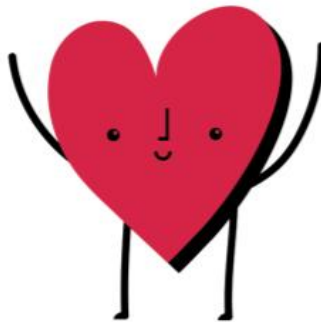
If you have any questions about Real Love Rocks please contact Mrs Jones, Principal info@highfieldsspencer.co.uk

Please also see the parent information leaflet for more information.

What is Real Love Rocks?

Real Love Rocks is a programme developed by Barnardo's Safer Futures West Child Sexual Exploitation Service to promote healthy, consensual, safe relationships amongst children and young people. It seeks to raise awareness of grooming, child sexual exploitation and online safety. It has two editions to allow age appropriate learning for children and young people in both primary and secondary school. Whilst the primary edition focuses on the importance of feeling free, happy and safe in future relationships, the secondary edition also allows for discussion and activities around the importance of consent, and the impact of sexting and watching porn.

Together the resource packs contain sixty-five activities and thirteen short animations. Real Love Rocks has been written alongside young people and many of the animations and activities include their real life stories.



Why has Real Love Rocks been developed?

Real Love Rocks seeks to address some of the findings in the Ofsted Report (2013) 'Not yet good enough: personal, social, health and economic education in schools, which highlighted the need for age-appropriate sex and relationships education for both primary and secondary aged school children to prevent inappropriate sexual behaviours and sexual exploitation'. The report puts an emphasis on the importance of the emotional side of relationships and promotes children being taught the appropriate relationship language, given the confidence to describe unwanted behaviour and given advice on where to get support and help.

Who is Real Love Rocks for?

Real Love Rocks has been designed to be delivered by teachers, school counsellors, youth workers and other professionals who have experience of delivering sex and relationship education to young people. The resource pack itself contains animations, activities, conversation starters and games. The primary school edition has been designed to be delivered with children aged 10-11 and the secondary edition is suitable for those aged 11-14. Both have been designed for use with both genders.

The program has been written to be run over a minimum of four hourly sessions with the flexibility of numerous additional resources if extra input is required.

Real Love Rocks is a preventative resource designed to be used within universal services. It is not to replace any specialist CSE services.



Before the sessions are delivered to pupils an information evening will be held so that parents can see the resources used and discuss with staff in preparation to support their child with these sessions.

Real Love Rocks Promo

If you would like to find out more about Real Love Rocks please follow the link below to watch the video from Barnardos CSE team.

<https://www.barnardosrealloverocks.org.uk/?wix-vod-comp-id=comp-kdrdmjef>